

YOUR SUPPORT WILL HELP!

Ruth Harbor is a Christ-centered home and program for young women facing unplanned pregnancies. We're making a difference two lives at a time because clients and residents are serious about life change and committed to continuing their pregnancy.

Ruth Harbor's Walk For Life gives those who care about these young women and their babies an opportunity to help in a very practical way. When friends, family, and co-workers sponsor you, it enables Ruth Harbor to continue providing the following services at no charge:

- Food, Housing, and Transportation
- Counseling
- Quality Healthcare
- Education
- Spiritual Guidance
- Parenting Training and/or Adoption Assistance
- Life Skills Assessment and Training
- Job Interest Assessment and Consulting

Gather a group & make the Walk your service project!

WHERE DO I GO TO WALK?

Meredith Trail near **Principal Baseball Park**

525 SW 5th Street in Des Moines

From I-235, take the Downtown Exit to 5th Avenue. Go South on 5th Avenue about 1 mile (past the Science Center). The road changes to SW 5th Street and dead-ends at the Walk-Site parking lot.

Ruth Harbor
534 42nd Street, Des Moines, IA 50312
www.ruthharbor.org

A FREE T-Shirt will be given to anyone who receives sponsorships totaling \$175 or more!*

* While Supplies Last

Walk For Life

Saturday, May 10, 2008

9:30 AM • Meredith Trail

THIS IS THE WAY
WALK IN IT!

© 2006
LifeSteward Ministries

Ruth Harbor

534 42nd Street • Des Moines, IA 50312

(515) 279-4661

www.ruthharbor.org

...worth the walk!