



534 42<sup>nd</sup> Street  
Des Moines, IA 50312

(515) 279-4661  
rutharbor@rutharbor.org  
www.rutharbor.org

Dear Church or Group Liaison,

This note is for individuals who have expressed interest in helping Ruth Harbor with the upcoming

**Walk for Life**  
**Saturday, May 10 at 9:30 a.m.**

You may have requested this information or have been suggested as a contact person (liaison) for your church. If you are willing, we would like you to assist us in getting the word out about Ruth Harbor and making this special event a success with your church or group. Volunteers and church liaisons are an important communication link when getting the word out about the event and how to participate. We have wonderful brochures, posters, and t-shirts that will make communicating about the event very easy.

This year, there is also a 2-minute DVD that provides a visual summary of the walk for churches or groups.

**You are invited** to a **kick-off meeting Tuesday, March 25, from 7:15 to 8 p.m. here at Ruth Harbor** (534 42<sup>nd</sup> Street, Des Moines). The purpose of the meeting is to:

- Introduce you to a Ruth Harbor alumna and hear her story.
- Show you how easy it is to participate in the walk and how sponsored walkers will make the event a success.
- Provide participant brochures and posters to individuals who are willing to promote the walk in their church or group.

If you come and choose to be a volunteer or liaison (and some already have!), we have a **free long sleeve t-shirt** for you! It will allow you to promote the Walk between now and the event date.

Please acknowledge this note and let us know if you are able to come! If you want to be involved, but can't attend our kickoff meeting, just let me know that, too.

If you just can't wait until the meeting or want to preview the walk material sooner, you may do so at [www.RuthHarbor.org](http://www.RuthHarbor.org).

Mark McDougal  
Executive Director