



A home & program for young women with unplanned pregnancies.

July 2011

"Ruth Harbor helped me accomplish much of what I wanted to do. Without it, I would have bounced around with no place to stay."

- Ashley, June Alumna

Walk for Life 2011! A Day of Celebration



This year's Walk for Life was unlike any of the past and a perfect way to kick off the 10th Anniversary celebration of serving young women in our community!

Amazing weather, a good turnout, and the opportunity to tour the Ruth Harbor home and neighborhood were among the many highlights. Around 200 participants took to the streets around the Ruth Harbor home for this year's Walk for Life and helped raise nearly \$29,000. Sponsored walkers are the key to the event's success. Thank you to everyone who walked or volunteered during this special day! [Click here](#) to see photos.

This was the first time in the walk's six-year history that it was held at Ruth Harbor, giving the staff, volunteers, and residents a unique opportunity to show firsthand what the Christ-centered home for pregnant young women is all about

Did You Know?

Ruth Harbor residents often need a "Host Home" - maybe a home like yours - where they can live after leaving and until they are able to get into their own place. One host home is needed now, another one soon! [Contact us](#) if you have interest.

Calendar

Now through the rest of 2011 - Celebrating



Featured Wish List Items

- Dehumidifier
- Plastic or Tupperware food storage containers (various sizes with lids)

and to point people toward the many ways they can get connected. Executive Director Mark McDougal was encouraged to see the many people that day taking tours of the home, interacting with residents at the children's activities, and visiting the informational booth to write notes of encouragement to residents or sign up to volunteer in various ways.

"With our first time having the walk at Ruth Harbor, everything came together better than we had dreamed," McDougal said. He thanked the many volunteers, Des Moines Police Department, and City of Des Moines for supporting a walk route on local streets.

If you missed this year's Walk for Life, it's not too late to make a donation and help Ruth Harbor cross the \$30,000 mark! [Contribute here](#) to help care for young moms and their pre-born children!

- Leaf/compost bags & stickers

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Two Births in Two Days!

June was an exciting month as three Ruth Harbor residents gave birth - two of them just a few hours apart!



Emily Rose

On June 2, Emily Rose arrived at 5:20 a.m., weighing 6 lbs, 7 oz and measuring 19 inches long. She has light hair and reminds us all of her mother, Ashley. Both are doing well. Ashley is parenting and planning to attend college classes this fall.

Less than 15 hours later, Jordan Abram arrived on June 3 at 8:08 a.m. He was 7 lbs, 9 oz and 19-3/4 inches long. Birth mother Jessica is well on her way to recovery. Several weeks before his birth, Jessica made the



Jordan Abram

courageous decision to place Jordan in the loving care of an adoptive family. Watch for more about Jessica's story in a future Ruth Harbor eNews.

As this article was being written, a third Ruth Harbor resident gave birth! These short articles are seldom "to be continued," but in this case, watch for a soon-coming addition of Ruth Harbor eNews for more pictures and details of God's grace and goodness to young women at Ruth Harbor

who are experiencing real life change!



Emily Rose



Jordan Abram

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