



A home & program for young women with unplanned pregnancies.

April 2010

"...you plant, water and 'pour into' the lives of these young women and then-sometimes when you least expect it- LIFE CHANGE! And you realize God is using you to make a difference!"

- JoDee Cross, Ruth Harbor House Parent

Walk for Life - Help us Make a Difference!

*Saturday, May 8
9:30 am
at Meredith Trail
in Des Moines*



2009 Walk for Life Participants

The **Walk for Life** is a fun, family-friendly opportunity to enjoy some time outdoors while supporting Ruth Harbor's mission to help young women facing unplanned pregnancies.

The Walk is one of only two annual fundraisers for Ruth Harbor. So if you've been considering getting involved with us, here's your chance! [Sign up here.](#)



Becoming a sponsored walker this year is easier than ever with the help of online resources. When you register online for Walk for Life, you will get your own personal Web page to help you get the word out about your participation in the walk. Anyone who wishes to sponsor you can make their donations online or be "billed" by Ruth Harbor - you do not have to collect any money! The donations and pledges made by your sponsors make it possible for Ruth Harbor to continue providing comprehensive services at no charge to those who

Did You Know?

- Ruth Harbor residents often volunteer at Children's Garden Childcare of Des Moines? Their good work often turns into a job offer!
- Ruth Harbor is searching for new full-time house parents? [Learn more.](#)

Calendar

Sat., May 8 at 9:30am
[Walk for Life!](#)

Wish List

- Leaf bags
- Large crockpot
- New office carpet

See our full [wish list.](#)

need them.

Sponsored walkers who collect \$200 or more in donations receive a long sleeve walk T-shirt. If you are not able to join us on May 8 at the walk, know that you can still commit to your sponsors to walk on your own time and still be involved!

We are also in need of liaisons to help promote the walk to their group or their local church, and we'll provide you with brochures, posters, and a promotional DVD to tell others about the walk. [Click here to register](#) as a liaison or simply call our office for more information.



We hope you can join us in being part of this special day! You will be blessed by the experience while you help bless others and make a difference - two lives at a time! For more information about the walk, contact [Sandy](#) at Ruth Harbor, or call (515) 279-4661.

People Impact Residents

(from Charissa, Ruth Harbor House Parent)

Recently our three residents were blessed and encouraged at a baby shower held for them by the women of the church I attend. As we arrived at the shower and saw three tables full of gifts and a large number of women in attendance, we were stunned! One Ruth Harbor resident said to me, "Whoa, all of these ladies are here for us?!" In that moment I knew that this would be a night our residents would never forget.

The outpouring of love that we all received from the group was beyond what any of us expected. It was a fun and relaxing time that included refreshments and some devotional thoughts shared by a few of the women. I was proud of our residents as they interacted and expressed their thankfulness for the generosity. The shower went a long way in helping them prepare for the future. It was an awesome testimony of God's love, as people they barely knew gathered around them to show care and support like they've never felt before!



Ruth Harbor residents' unique way of saying "thanks."

Quick Links

[About Us](#)

[Our Mission](#)

[Contribute Online](#)



Join our Ruth Harbor group on [Facebook!](#)



[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to mark@ruthharbor.org by ruthharbor@ruthharbor.org.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Ruth Harbor | 534 42nd Street | Des Moines | IA | 50312