



A home & program for young women with unplanned pregnancies.

June 2010

"Now that I look back, I had no idea that Ruth Harbor would actually be a 'fun' experience at the same time they were helping me during my pregnancy."

- Tiffany, newest Ruth Harbor Alumna

Baby Breelyn Arrives!



Baby Breelyn

It's with great joy that we announce the birth of Breelyn Kay. Born May 5, to Ruth Harbor mom Tiffany, Breelyn weighed in at a healthy 6 lbs. 14 oz. and measured 20 ½ inches.

Tiffany recently spoke about what Ruth Harbor meant to her during her pregnancy.

She enjoyed the support network she found at Ruth Harbor and described her experience as a great benefit to her as she prepared for motherhood and the future of her family.

"I always looked forward to 'family night' when we all went out to eat or do a special activity together," Tiffany said. "Now that I look back, I had no idea that Ruth Harbor would actually be a 'fun' experience at the same time they were helping me during my pregnancy."

Tiffany said she learned a lot about the birthing and parenting process from Ruth Harbor staff and other educators. She also gained a new handle on how to save money and make specific housing plans for the time after Breelyn arrived.

Another amazing outcome of Tiffany's stay at Ruth Harbor was that she experienced God's

Did You Know?

Ruth Harbor's new house parents will arrive soon! Get to know them in our July eNewsletter.

Calendar

Sunday, June 20
Father's Day

Wish List

- Office Paper Cutter
- Double bed
- Large capacity stackable washer/dryer (electric)

See our full [wish list](#).

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love in a whole new light.

"I made some important decisions in my spiritual life while at Ruth Harbor," Tiffany said. "I appreciated that faith was not pushed at me; it was just part of a normal conversation and I had the chance to ask questions when I wanted."

Today, Tiffany has new hope for the future and her new life as a mom. She is learning the "ropes" of motherhood and is planning to return to work soon and potentially further her education to possibly become a pharmacy technician.



Tiffany with daughter, Breelyn.

Click here to send an encouraging note to [Tiffany](#).

[Our Mission](#)

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Good Counsel for Clients

Ruth Harbor provides comprehensive support and care for young women. A very important part of this care includes counseling that is Christ-centered, professional, practical and grace-based.



Elaine Stubbs, Ruth Harbor Counselor

With both skill and a heart to help young women, Elaine Stubbs serves as Ruth Harbor's counselor. Elaine's background includes several years of clinical therapy work, crisis intervention and more. Her counseling approach uses a combination of professional, practical and spiritual support to guide birthmothers through timely and important conversations such as setting up a care plan, career planning and dealing with hurts.

Through counseling, Elaine develops an individual, "tailor-made," care plan for each client to help with decision-making, planning for the future and overall well-being. Elaine then works closely with the Ruth Harbor staff to help the care plan "come alive" with educational experiences, projects or real-life tasks. God often uses this "team support" approach as a catalyst for life-change in Ruth Harbor residents and clients.

In addition to providing weekly counseling to the young women Ruth Harbor serves, counseling services are

usually offered to the birthmother's family, the birthfather and his family, or others in close relationship with the birthmother.

Ruth Harbor is blessed by a counselor and staff team commitment to its clients. Because of them, we are "making a difference... two lives at a time!"

Ruth Harbor Walk Update...

- A record 235 people walked this year
- Raised nearly \$30,000 to date (goal of \$35,000)
- Number of walkers & amount raised increased despite cool temps of 43 degrees!
- THANKS to all who participated!! YOU made raising funds and awareness a success!

Contributions are still being accepted! Just contact the Ruth Harbor office.

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