



A home & program for young women with unplanned pregnancies.

May 2010

"I learned about adoption and parenting, being a part of a church family, finding positive friendships, and people listened to me... all at Ruth Harbor!"

- Elona, Ruth Harbor's newest alumna

Walk for Life Is This Weekend!

*Saturday, May 8
9:30 am
at Meredith Trail
in Des Moines*

At area churches, businesses, and across the community, excitement is growing for this weekend's Walk for Life. If you haven't signed up yet to participate, it's not too late to join us. We're praying for at least 175 sponsored walkers on Saturday and a total of \$35,000 in donations to support the ministry of Ruth Harbor.

Here are a few ways you can help us meet our goal:

1. Register [online](#), at the event or by calling Ruth Harbor at 515-279-4661.
2. If you can't attend on Saturday, you can walk on your own, on your own time.
3. [Sponsor someone else online](#). Simply click on "Sponsor," and then find the walker's name. You can donate immediately, or request to be billed later.



Did You Know?

Ruth Harbor extends assistance and counseling to non-resident clients, too.

Calendar

Sat., May 8 at 9:30am
[Walk for Life!](#)

Wish List

- Postage stamps
- Leaf bags
- New carpet for offices

See our full [wish list](#).

Quick Links

[About Us](#)

[Our Mission](#)

[Contribute Online](#)

Thank you for your support. We hope to see you Saturday!

Directions to the Walk for Life: From I-235, take the Downtown Exit to 5th Avenue. Go South on 5th Avenue about 1 mile (past the Science Center). The road changes to SW 5th Street and dead-ends at the Walk-Site parking lot. Be sure to watch for "Walk for Life!" signs as you get closer.



Join our Ruth Harbor group on [Facebook!](#)



New Baby Arrives! **Join us in celebrating Elona's new blessing, Jace Tyler.**



House parent, Charissa, gets a turn to hold Jace Tyler!

Jace Tyler weighed in at a healthy 7 lbs 3 ounces and measured 19¼ inches on his birth day, March 23rd. The Ruth Harbor staff had the privilege to walk alongside Jace's mother, Elona, during her final 3½ months of pregnancy.

Elona recently expressed her gratitude for the life-changing experiences she had at Ruth Harbor.

Here are a few of the comments from her inspiring story:

- "I felt that the staff loved and cared for me by providing encouragement, coaching, a listening ear, and a shoulder to cry on when needed."
- "I loved my volunteer opportunity in a day care. It was an "eye opener" for childcare and what being a mom might be like." (This volunteer position also turned into an employed position as well).
- "I appreciated Ruth Harbor's information that prepared me for the future, including both parenting and adoption information. Most of this I would not have learned without being here."
- "Through Ruth Harbor, I found new, more positive friends."
- "I had not been to church much in my life, but now I see a purpose and great value in it."

We are happy to report that Elona and Jace are doing very well. Elona is currently honing her parenting skills as she lives for a few weeks with a "host family" before entering a new program that will prepare her for the future - pursuing her LPN nursing degree.

Thank you for sharing in our joy with this awesome example of God using the Ruth Harbor ministry to make a difference in the lives of young mothers like Elona. Visit our [website](#) for more information on the services Ruth Harbor provides and how you can help.

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